

This sale is available at all H-Mart locations in Calgary.
이 세일은 H-MART 캘거리 전 지점에서 진행됩니다.

Mid-August Special

**SUPER
DEALS**



HOT DEAL

29.98 **BOX**

Lago Grape 6LB 라고포도박스



HOT DEAL

1.28 **LB**

Yumi Black Watermelon

검정수박



HOT DEAL

2.48 **LB**

Longan 용안



**3 DAYS
ONLY**
AUG 14 - 16

HOT DEAL

10.97 **LB**

LIVE

Dungeness Crab 던지너스게



HOT DEAL

9.98 **PK**

Illex Squid(3PCS/PK) 선동오징어(3마리)



이번주 장보기 PICK!

WEEKLY GROCERY PICKS!!



LIMIT 2 32.98 BAG

Sekka Rice 40LB 세카쌀



2 FOR 7.98

JFC) Sundelic Sanuki Udon Mini (8P)

선델릭 미니우동



HOT DEAL 20.98 EA

DFK) Sesame Oil 1.65L

다이후쿠) 참기름



HOT DEAL 6.98 EA

CRD) Fish Cake (Square) 900G

초립동) 부산어묵 (사각)



LIMIT 4 9.98 EA

HR) Ginseng Chicken Soup 800G

하림) 즉석 삼계탕

BEAT THE HEAT WITH ICE CREAM!



5.98 PK

LT)Papiko Ice Cream
(Choco) 130MLx6
롯데)빠빼코 아이스크림(초코)



5.98 PK

BGR)Summer Crush
(Coffee) 140MLx5
빙그레)더위사냥 아이스크림



5.98 PK

BGR)Power Cap 130MLx6
Ice Cream(Soda)
빙그레)뽕파(소다맛)



NEW CURRY PRODUCTS!



2.98 EA

HF)Kokumaro Curry
(Med.Hot/Hot) 140G
하우스푸드)카레2종

FRIED-CHICKEN SNACK!

NEW

NONGSHIM'S FRIED CHICKEN SNACKS



1.98 EA NS)Fried Chicken Snack 66G
(Original/Sweet & Spicy)

RICE SEASONING COLLECTION!

BEST COMBO FOR RICE!

어디에나 뿌려도 맛있는 후리카케!



2.98 EA JFC)Furikake Rice Seasoning
(Nori/Katsuo/Ebi/Wasabi) 50G

SNACK CRAVING SOLUTION!

CROWN'S BEST SNACKS

버터와플 / 쿠크다스(화이트/커피)



4.98 EA CRW)Butter Waffle 316G
Couque D' Asse 289G 2Kinds

HEALTHY NATTO SPECIAL

STICK TO YOUR HEALTH!

건강식으로 좋은 낫또 컬렉션!



1.98 EA

SK)Natto 138-204G 3Kinds

Products May Be Sold Out Early 상품들은 조기품절될 수 있습니다

Special SALE



**3⁹⁸
PK**

PD)Gomtang Ramen 120Gx4
Bibimmen 130Gx4
팔도)진국설령탕면/비빔면



NOODLE SPECIALS



**16⁹⁸
BOX**

NS)Bowl Noodles 86Gx12
(Yukgaejang/Shin Ramyun)
농심)사발면(육개장/신라면)



**ADD TASTE.
EVERY DAY.**



**9⁹⁸
PK**

DW)Canned Tuna 150Gx4
(Lite Standard/Spicy)
동원)러브동원1호/3호 참치캔



2FOR 10⁹⁸

CRD)Roasted Seaweed 5Gx12
(Olive Oil/Grape Seed Oil/Sunflower)
초립동)도시락김3종



SNACK CRAVINGS



2FOR 4⁹⁸

SL)Mini
Chestnut Bun 198G
삼립)밤만쥬

2FOR 4⁹⁸

JF)Swelly Salted Butter
Rice Cake 38G
조이푸드)스웰리 소금 버터떡빵



**2⁹⁸
EA**

Kirin)Afternoon
Milk Tea 1.5L
기린)에프터눈 밀크티



**13⁹⁸
EA**

OSnack)Basa Skin
Snack (Original) 600G
오스넥)바사스킨 과자(오리지널)



GINSENG CHICKEN SOUP



10⁹⁸
EA

HS)Ginseng
Chicken Soup 800G
한상)삼계탕

3⁹⁸
EA

HS)Herbal
Ingredients 60G
한상)삼계탕 재료



3⁴⁸
EA

SCW)Herbal
Ingredients 80G
서초원)삼계탕 한방재료



16⁹⁸
EA

GRS)Par Fried 920G
Fish Cake (Skewer & Shrimp)
고래사)꼬치어묵사각&새우봉

3⁴⁸
EA

CRD)Frozen Boiled
Corns 630-850G 2Kinds
초립동)찰옥수수/햇찰옥수수



7⁹⁸
EA

O!TEA)Yuzu Citrus Tea 1KG
(Original/Passion Fruit/Apple)
오티)유자차(오리지널/패션후르츠/사과)

Pulmuone

Quick And Easy Meals!



**7⁹⁸
EA**

PMO)Mozzarella Rice Cake 400G
풀무원)모짜렐라 치즈떡볶이



**EASY-TO
PREPARE**



**9⁹⁸
PK**

Fish Cake Sausage Corn Dog 72-80Gx5
(Mozzarella/Mozz & Cheddar/Crispy Potato)
핫도그(모짜렐라/체다모짜/통모짜)



**10⁹⁸
EA**

Dumplings 600-720G
(Kimchi/Chives&Vermicelli/Pan Fry Flat/Chives&Pork)
만두(김치/부추잡채/납작지짐/부추고기)



**7⁹⁸
EA**

PMO)Cold Noodle 384-1020G 4Kinds
Fresh Jjolmyun Chewy Noodle 460G
풀무원)냉면(평양/함흥/취/동치미)/비빔생라면

Beauty starts here!

KOMBUCHA FRESH TEA

맛있고, 장건강에 도움을 주는 콤부차



498
PK

DT)BTS Kombucha Tea 50G 5Kinds
담터)BTS 콤부차5종



**8⁹⁸
EA**

DW)Fried Shrimp Cutlet 480G
동원)통살새우가스



**7⁹⁸
EA**

SJD)Crab Meat 1KG
대림)게맛살



**4⁹⁸
EA**

MG)Wheat Noodle
(900G+310G) 1.21KG
몽고)구포국수



**2⁹⁸
EA**

HV)Okonomiyaki 230G
HV)오코노미야끼



**3⁴⁸
EA**

UFC)Coconut Water 1L
UFC)코코넛 워터



**2²⁸
EA**

UFC)Lychee Juice with
Himalayan Salt 500ML
UFC)히말라야 솔트 리치주스



**SAUCE
COLLECTION**



**13⁹⁸
EA**

CJ)Paste 3KG
(Soybean Paste)
CJ)해찬들 재래식된장



**20⁹⁸
EA**

CJ)Paste 3KG
(Red Pepper Paste)
CJ)맛있는 태양초 고추장



**3⁹⁸
EA**

DS)Don Katsu
Tokyo Classic Sauce 400G
대상)도쿄클래식 돈까스소스



**6⁹⁸
EA**

DS)Oligosaccharide
for Cooking 1.2KG
대상)곡물 요리올리고당



**2⁴⁸
EA**

Buenas)Bagoong
Balayan Anchovy
Sauce 340G

0.98^{LB}BC Kabocha
단호박**1.28^{LB}**BC Shanghai Bok Choy
상하이 복초이**2^{FOR} 2.98**BC Green
Leaf Lettuce
청상추**1.98^{LB}**BC Baby Bok Choy Tip
베이비 복초이팁English Cucumber
오이**2^{FOR} 2.28**Green Cabbage
양배추**1.28^{LB}**CF) Organic Russian
Red Garlic(3/5PC)**9.98^{BAG}**Violet Kyoho Grape 3LB
바이올렛 거봉포도**10.88^{PK}**Honey Kiss Hami Melon
허니키스 하미멜론**1.28^{LB}**Chocolate Persimmon
초콜렛 단감**4.68^{LB}**Korean Melon
황금사라기 참외박스**24.98^{BOX}**White Peach/Nectarine
백도/백천도**2.48^{LB}**

2 FOR 34.98

JF)Lightly Salted
Semi-Dried Snapper 180G
청담 제주반했어)제주산
저염자반 반건조 옥돔

**14.98 PK**

Searay)Frozen
Roasted Eel Fillet 14oz
Searay)민물장어

**FRESHLY HARVESTED****69.98 PK**

Fresh Sea Urchin
Roe(Uni) from BC
BC산 성게알

**12.98 PK**

BS)Seafood Mix 1KG
베스트씨푸드)해물모듬

**2 FOR 6.98**

BS)Fully
Cooked Clam 360G
베스트씨푸드)바지락

**13.98 PK**

FOWM)Abalone 5PC 170G
청해거상)냉동전복 5미

**2 FOR 9.98**

BS)Half-Cut
Swimming Crab 454G
베스트씨푸드)손질된 꽃게

**10.98 PK**

BS)Small Octopus 680G
베스트씨푸드)통낙지

**6.98 EA**

SH)Frozen
Oyster Meat 226.80G
수협)냉동굴

**12.98 EA**

GW)Roasted Pollack
with Seasoning 180G
금빛바람)용대리 황태양념구이

**16.98 EA**

CRD)Dried Squid
Shredded 227G
초립동)오징어실채

**9.98 EA**

SH)Roasted Dried
Bartail Flathead
Fillet (Shredded) 100G
수협)구운 양태포채

**2 FOR 6.98**

PB)Bullet Tuna
(Tulingan) 500G
폴라버드)볼렛참치

25.22^{LB}**4DAYS ONLY** AUG 14 - 17

AAA Beef Chuck Flat Fast Fry

AAA 살치살로스구이

**8.07^{LB}****4DAYS ONLY** AUG 14 - 17

Pork Capicola Steak

돼지목살스테이크

**13.52^{LB}****4DAYS ONLY** AUG 14 - 17

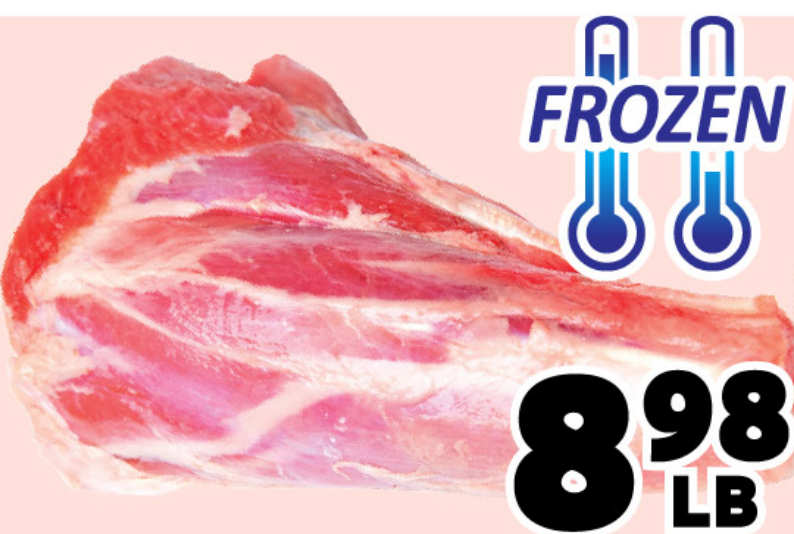
Beef Chuck Eye Shabu

등심샤브

**FROZEN****8⁹⁸_{LB}**

Lamb Shank

양고기사태살

**9⁹⁸_{LB}****4DAYS ONLY** AUG 14 - 17

Pork Belly Chunk

특 수육삼겹살

**FROZEN****7⁵³_{LB}****EDMONTON ONLY**

Black Chicken 오골계

**FROZEN****7⁶²_{LB}****EDMONTON ONLY**

Canadian Chicken 캐나다산 닭

**3⁸¹_{LB}**

Pork Hock

돼지 족

**8⁸⁹_{LB}****4DAYS ONLY** AUG 14 - 17

Pork Capicola Roast for BBQ

BBQ용 생목살

**7⁶²_{LB}**

Beef Back Ribs

소 등갈비



55.98PK

4DAYS ONLY AUG 14 - 17

Roll Tray 롤 트레이



10.98PK

4DAYS ONLY AUG 14 - 17

Chungmu Kimbap
충무김밥



11.98PK

4DAYS ONLY AUG 14 - 17

Buffet Combo
뷔페콤보



9.98PK

4DAYS ONLY AUG 14 - 17

Donkatsu Curry Udon
돈까스 카레우동

간편하고 완벽한 한끼

Deli Special

4DAYS ONLY AUG 14 - 17

20⁹⁸PK

Bossam + Jokbal Set
보쌈,족발 세트



8⁹⁸PK

Yuringi 유링기



17⁹⁹PK

Bulgogi Mushroom Hotpot
불고기 버섯전골



Morning Special

EVERY MORNING
9AM-11AM

아침부터 든든한 한끼!



사골우거지국

Beef bone broth
with dried cabbage

10⁹⁹
EA

고요한 아침의 진한 국물맛!



설렁탕

Beef Bone Soup

8⁹⁹
EA

Downtown's

**DOWN
TOWN
ONLY**

DINE-IN SPECIAL

K-STEWS&SOUP



Dine In Only

11⁹⁹
EA

Kimchi Stew 김치찌개



Dine In Only

14⁹⁹
EA

Sellong-Tang 설렁탕

KOREAN COLD NOODLE



Dine In Only

11⁹⁹
EA

Mul Naengmyeon
Bibim Naengmyeon
물냉면/비빔냉면



Dine In Only

12⁹⁹
EA

Eolchigi Naengmyeon
얼치기냉면

*Images may be different from actual product

CALGARY
ONLY

BLUEBERRY YOGURT CLOUD CAKE

#2,#3



Blueberry Yogurt
Cloud Cake #2
블루베리 요거트 클라우드 2호



Blueberry Yogurt
Cloud Cake #3
블루베리 요거트 클라우드 3호

TOUS *les* JOURS



bb.q CHICKEN

BEACON
HILL
ONLY

FRI-MON

2 in 1 BOX



주문즉시
신선한 닭을
바삭하게
튀겨드려요~

4 DAYS ONLY AUG 14 - 17

Flavour

Flavour

1

+

= ~~\$44~~ →

\$38

Choose what you want

TUES-THURS

WING'S DAY



3 DAYS ONLY AUG 18 - 20

치킨윙

Chicken Wings

~~\$14~~ ↘
\$10⁹⁹

CARE-PLUS

COVER PATCH

초기 응급
진정케어케어플러스
스팟커버 패치 카밍
96매(짜기전)짜고 난 후 진물 흡수
상처케어케어플러스
상처커버 스팟패치
102매

9.98 EA

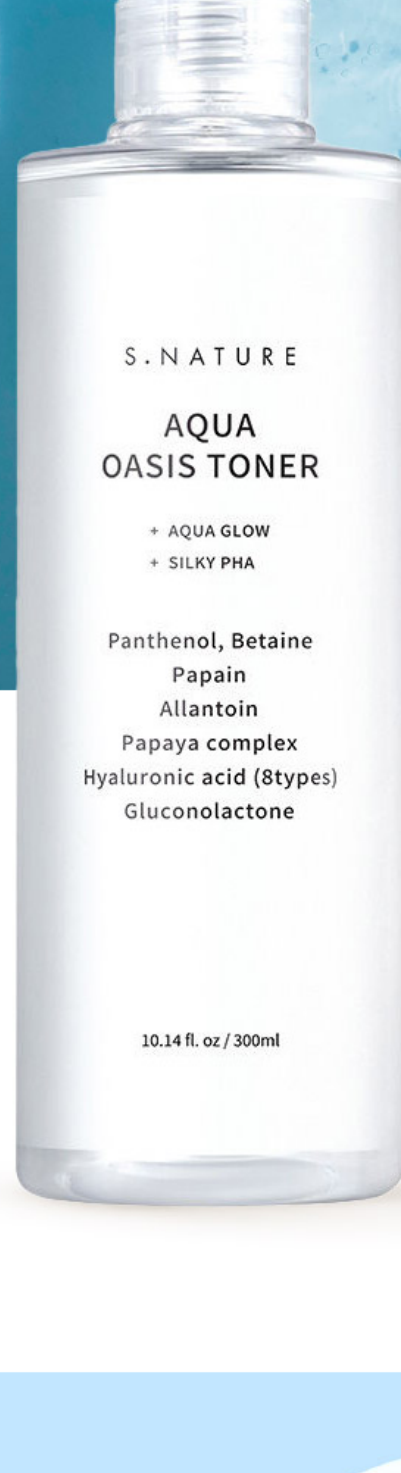
Careplus)Cover Patch

(Spot Cover Calming 96pcs/Scar Cover 102pcs)

케어플러스)스팟 커버패치 카밍/상처 커버 스팟패치

S.NATURE

Endless Moisture, Everyday



19.98 EA

Aqua Oasis Toner 300ML

아쿠아 오아시스 토너



20.98 EA

Aqua Squalane

Moisturizing Cream 80ML

아쿠아 스쿠알란 수분크림

MISSHA

VitaC Plus

Ampoule

잡티
개선모공
축소

23.98 EA

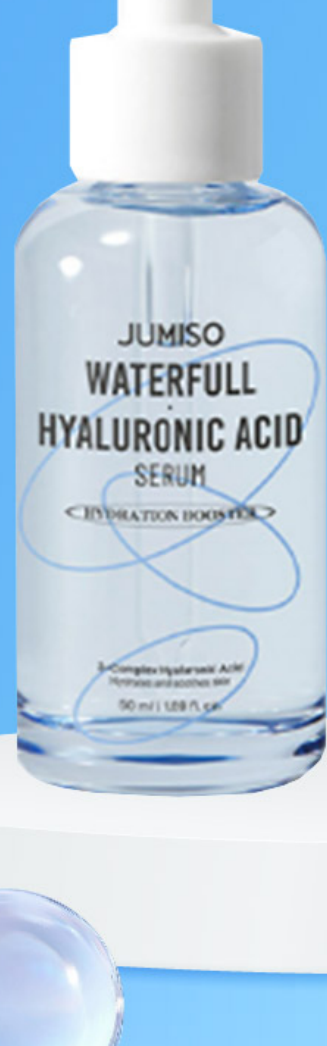
Missha)VitaC Plus Ampoule

미샤)비타 씨 플러스 앰플

Jumiso

Waterfull
Skincare

#Keep your skin hydrated & Glowly!



19.98 EA

Waterfull Hyaluronic Serum

워터풀 히알루로닉 에시드 세럼

17.98 EA

Waterfull Hyaluronic Cream

워터풀 히알루로닉 크림

KERASYS

PROPOLIS HAIR CARE



13.98^{EA}

LPP Propolis For Damaged Hair

(Shampoo/Treatment) Volume Care Shampoo

LPP 프로폴리스 단백질 극손상 모발용(샴푸/트리트먼트)

LPP 프로폴리스 단백질 볼륨 케어용 샴푸

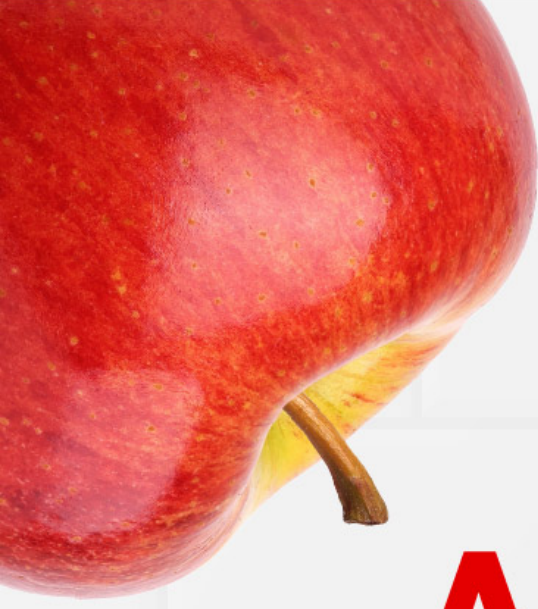
말끔하게
커버되는 염색약!



8.98^{EA}

Amino Acid&Protein
Hair Dye Cream 120G

단백질 크림 염색



moev

Anucatin Hair Care



17.98^{EA}

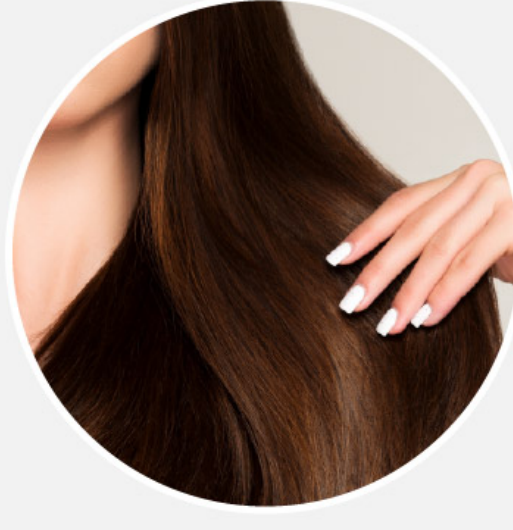
Anucatin Water Treatment

이누카틴 워터 트리트먼트

17.98^{EA}

Anucatin Hair Oil Essence

아누카틴 헤어 오일 에센스



24.98^{EA}

Anucatin Shampoo

아누카틴 샴푸

CUCKOO

IH PRESSURE RICE COOKER



**BUY A RICE COOKER,
GET A FREE \$79 MINI BLENDER**



599.98^{EA}

CRP-JHR0609F (6CUPS)
6컵 IH 전기압력밥솥



Mini Blender
미니믹서

GOOD&GOOD

핸드형 직밀폐용기

**Microwave, freezer,
and refrigerator **SAFE!****



8L

\$9.98

12L

\$11.98

Good & Good) Plastic Food Container
굿앤굿) 핸드형 직밀폐용기 (8L/12L)



Household Essentials

BBQ 그릴 및 다용도 생필품



38cm

35.98^{EA}

Lacena)Griddle(38cm) 라체나)그리들



7.98^{EA}

LL)Blooming Kitchen Scissors

락앤락)블루밍 양손 주방가위



7.98^{PAIR}

Acupressure Slippers(Male/Female)

지압 실내화(남/여)



7.98^{PK}

Toilet Paper Rolls(6PCS)

롤휴지 잘 풀리는 집 클래식(6롤)

SNACK TIME



**2⁹⁸
EA**

**Meiji)Chocolate 2.71-4.580Z
(Macadamia/Almond)**

메이지)초콜릿(마카다미아/아몬드)

FOR COFFEE LOVERS



**3⁹⁸
EA**

**MI)Barista Rules Coffee Drinks 325ML
(Cold Brew Black/Flannel Drip Latte)**

매일)바리스타룰스(콜드브루 블랙/플라넬드립라떼)



**7⁹⁸
EA**

**OT)3 in 1 Coffee 420-540G
(Classic/Hazelnut/Cane Sugar/30% Less Sugar)**

OT)3 in 1 커피(클래식/헤이즐넛/케인슈가/30% 저당)

3.98 SNACKS



ORO)Choco Mont(Original/Strawberry) 144G

오리온)초코몽(오리지널/딸기)



HT)Sweet Potato Osatsu Chip 100G

CRW)Caramel&Peanut 150G

해태)오사쯔 · 크라운)카라멜과 땅콩

4⁹⁸ EA Snack Deals



CRW) Creamble Cake (Cream Brulee) 320G
Poteau Cracker (Cheese) 322G
크라운) 크림블(크림브뤼레)/보또(치즈)



CW) Grangshell Cookie (Apple) 234G
Sticky Rice Cookie Chocolate 258G
청우) 그랑셸(사과)/초코파이찰떡



CW) Chocochip Cookie (Coffee/Chocolate) 200-240G
청우) 쫄득초코칩쿠키(커피/초코)

5⁹⁸ EA Snack Deals



NS) Family Size Snacks 180-400G
농심) 패밀리 사이즈 스낵
(메론킥/알새우칩/자갈치/조청유과/새우깡/매운 새우깡)

6⁹⁸ EA Snack Deals



GL) Almonds 190G
(Honey Butter/Baked Corn/Cookie & Cream)
길림) 아몬드(허니버터/군옥수수/쿠키앤크림)



HT) Red Bean Jelly Bar 500G
KW) Jelly Straw (Fruit Flavour) 810G
해태) 연양갱 · 키즈웰) 젤리스트로(과일맛)

REFRESHING DRINKS



**2⁹⁸
EA**

QS)Drinks 1L (Pomegranate&Mulberry
Cherry Dual-Berry/Fig&Black Mulberry
Stewed Hawthorn with Black Plum)



**7⁹⁸
PK**

BGR)Flavoured Milk
(Banana/Strawberry) 200MLx6
빙그레)우유(바나나/딸기)

SNACK SPECIALS



**2^{FOR}
1⁴⁸**

CF)Chickboy Pop Nik 100G
(Cheese/Sweet Corn/Onion Garlic/BBQ)
CF)치크보이 팝 닉 과자(치즈/스윗콘/어니온 갈릭/바베큐)



**2^{FOR}
2²⁸**

7COSIA)Daily VC Squeeze Jelly 130ML
(Lemon&Mango/Mixed Berries)
7COSIA)데일리 스퀴즈 젤리(레몬&망고/믹스베리)



**2⁴⁸
EA**

7COSIA)Puri Jelly
(Orange/Yogurt)
퓨리젤리(오렌지/요거트)



**1⁶⁸
EA**

SK)Roll Cake 57.6G
시라키쿠)롤케이크