



@hmart.calgary

You can find weekly products and discount coupons on the H-MART Instagram.

매주 다양한 제품과 할인쿠폰을 H-MART 인스타그램에서 만나세요!

This sale is available at all H-Mart locations in Calgary.

이 세일은 H-MART 캘거리 전 지점에서 진행됩니다.

PART.2

SMART SHOPPING!

SAVE

BIG

ARRIVAL ON SATURDAY

LAST CHANCE

3 DAYS ONLY

JUNE 06 - 08



LIMITED QUANTITY

33.98 LB

Season Ends This Week

LIVE BC Spot Prawn 스팟프라운



4 DAYS ONLY

JUNE 05 - 08

HOT DEAL

16.98 LB

LIVE Live Lobster(Double-Claw)

랍스터



FROZEN

4 DAYS ONLY

JUNE 05 - 08

HOT DEAL

15.98 PK

Illex Squid(400/600) 2PCS 냉동오징어



HOT DEAL

9.97 EA

Watermelon 수박



9.97 BOX

Longan 2KG 용안



2.97 LB

Lychee 리치

GOOD VALUE!
MEGA SALE



2025 NEW CROP

HOT DEAL 35.98 BAG

CJ Chun Ha Il Mee Rice 40LB 천하일미 쌀



HOT DEAL 19.98 PK

YID)Whole Cabbage/Radish Kimchi 2KG 이도)포기배추/총각김치



HOT DEAL 8.98 BOX

NS)Shin Cup Ramyun/Tempura Udon Cup 75Gx6 농심)신라면컵/튀김우동컵



2 FOR 10.98

CRD)Roasted Laver 5Gx10 초립동)소문난 파래광천김



2 FOR 9.98

NS)Shin Ramyun/Chapagetti 120-127Gx4 농심)신라면/짜파게티



HOT DEAL 11.98 EA

CJ)Bibigo Pork Dumpling 907G CJ)백설왕만두(돼지고기)



AAA Premium Hokkaido Uni

LAST CHANCE · ARRIVAL ON SATURDAY



LIMITED QUANTITY



SOY MILK

(PLAIN + BLACKBEAN)



16.98PK

MI)Soy milk (Plain 12PK + Black Bean 12PK)
매일)두유 H-MART 40주년 기획(99.9 12입 + 검은콩 12입)



CHILGAP'S COLD NOODLES



시원하고
개운한 비빔밀면!



5.98PK

CG)Wheat Noodle With Spicy Sauce 566G
칠갑)면발장인 칠갑산냉천골 부산비빔밀면



5.98PK

CG)Frozen Cold Noodles 480-902G 3Kinds
칠갑)물냉면/취냉면/비빔냉면



3.98PK

CG)Broth For Cold Noodle 300Gx5
칠갑)냉면육수

Jin's Farm

진스농장

Putbaechu · Young Radish



3.97BUN

Jin's Farm 풋배추/열무



0.77LB

KOREAN CABBAGE & RADISH

한국(배추/무)



1.97LB

KOREAN CUCUMBER

한국오이

Products May Be Sold Out Early 상품들은 조기품절될 수 있습니다

Special SALE



13⁹⁸
PK

DDM)Yupgi Tteokbokki
(Mild/Original) 520G
동대문)엽기떡볶이(마일드/오리지널)



10⁹⁸
PK

21⁹⁸
BOX

DW)Canned Tuna 150Gx4
(Lite Standard/Spicy)
동원)참치(살코기/고추참치)

OTK)Beef
Bone Soup 350MLx10
오뚜기)옛날 사골곰탕



5⁹⁸
EA

10⁹⁸
EA

KP)Mayonnaise450G
큐피)마요네즈

SJH)Red Pepper Paste 3KG
해표)순창궁 태양초 고추장



4⁹⁸
EA

SK)Miso(White/Awase/Red) 750G
시라키쿠)미소컵(화이트/아와세/레드)



**QUENCH
THE THIRST**



**2⁹⁸
EA**

**7⁹⁸
PK**

**Kirin)Afternoon
Milk Tea 1.5L 기린)밀크티**

**BGR)Milk 200MLx6
(Banana/Strawberry/Melon)
빙그레우유(바나나/딸기/메론)**



**MUST-HAVE
ITEMS**



**7⁴⁸
EA**

**7⁴⁸
EA**

**Mizkan)Tsuyu
Oigatsuo 473ML
미즈칸)쯔유베이스**

**SK)Zaru
Soba Noodle 900G
시라키쿠)자루소바**



**3⁹⁸
PK**

2^{FOR} 6⁹⁸

**PD)Bibimmen 130Gx4
팔도)비빔면**

**HS)Rice Cakes
(Stick/Sliced) 1KG
한상)떡볶이떡/떡국떡**



**16⁹⁸
BAG**

**HW)Calrose Rice 15LB
헤이와)칼로즈 쌀**

2.47^{LB}

BC Yu Choy Mue
유초이쌈



0.97^{LB}

Green Zucchini
서양호박



2⁴⁷_{LB}

Green Bean
그린빈



1⁷⁷_{LB}

BC Tongho
숙갓



**2^{FOR}
3⁴⁷**

Spinach
시금치



1⁹⁷_{LB}

Seedless Orah Mandarin
오라만다린



**2^{FOR}
4⁹⁷**

PMO)Tofu(Firm/Soft)
풀무원)두부(부침용/찌개용)



29⁹⁷_{BOX}

Korean Melon Box
황금싸라기 참외박스



7⁴⁷_{LB}

Red Cherry
레드체리



ARRIVAL ON SATURDAY **3⁸⁷_{LB}**

White Peach
Yellow Peach
백도/황도 복숭아

21.98PK

BS)Swimming
Whole Crab 3LB
베스트씨푸드)통꽃게



2 FOR 9.98

BS)Wild Yellow Croaker
Boneless Fillet 1LB
베스트씨푸드)자연산 조기살



10.98PK

SH)Trimmed Monkfish
1.13KG 수협)손질아귀



2 FOR 8.98

PB)Cooked Mussel 500G
폴라버드)홍합



9.98 PK

SH)Frozen Sea Squirt 227G
수협)냉동멍게



11.98 PK

PB)Ecuador White Shrimp
(Raw P&D, Tail On, 16/20) 1LB
폴라버드)에콰도르 간새우살



6.98 PK

SP)Cooked Clam Meat 363G
세이프플러스)바지락살



14.98 PK

SHFS)Roasted Dried
Seasoned Filefish 130Gx2
신화FS)구운젓치포(기획상품)



5.98 PK

CRD)Dried
Herring for Stew 227G
초립동)디포리

7.67LB

4DAYS ONLY JUNE 05 - 08

Pork Capicola Roast
BBQ용 생목살



19.96LB

4DAYS ONLY JUNE 05 - 08

Fresh LA Beef Short Rib
생 LA갈비



18.01LB

4DAYS ONLY JUNE 05 - 08

Thinly Sliced Beef
Brisket 차돌박이



16.96LB

4DAYS ONLY JUNE 05 - 08

Beef Ox Tail
생 소꼬리



10.16LB

4DAYS ONLY JUNE 05 - 08

Beef Finger Meat Chunk
늑간살 원료육



8.26LB

Pork Back Rib Cut
돼지등갈비



3.04LB

Beef Knee Bone
사골



16.96LB

Beef Ribeye Roast
등심로스구이



14.29LB

Beef Ribeye Shabu
등심샤브샤브



12.02LB

Beef Tongue
우설



25.36LB

4DAYS ONLY JUNE 05 - 08
Beef Short Rib Plate
생왕갈비

55.98PK

4DAYS ONLY JUNE 05 - 08

Roll Tray
롤트레이



9.98PK

4DAYS ONLY JUNE 05 - 08

Chungmu Kimbap
충무김밥



17.98PK

4DAYS ONLY JUNE 05 - 08

Bulgogi Mushroom
Soup Meal Kit
불고기 버섯전골 밀키트



17.98PK

4DAYS ONLY JUNE 05 - 08

Dumpling Soup Kit
만두전골 밀키트



간편하고 완벽한 한끼

Deli Special

4DAYS ONLY JUNE 05 - 08

7⁹⁸
PK

Smoked Duck Meat
훈제오리



11⁹⁸
PK

Buffet Combo
뷔페콤보



*Images may be different from actual product

믿고먹는 우리동네
H-MART
떡집

비컨힐점에서 **매.일.아.침** 만듭니다

H-Mart Calgary Beacon Hill
Rice Cake Shop

떡 예약주문 시 20%OFF
20% OFF ON RICE CAKE PRE-ORDERS



9.60
KG **REG. \$12**

4DAYS ONLY JUNE 05 - 08

Rice Cake with Assorted Beans 콩설기

Morning Special

EVERY MORNING
9AM-11AM

아침부터 든든한 한끼!



사골우거죽

Beef bone broth
with dried cabbage

10.99
EA

고요한 아침의 진한 국물맛!



설렁탕

Beef Bone Soup

8.99
EA

H-MART
Downtown Deli

오늘 뭐 먹지?

What should I eat today?

KIMBAP
DAY



TUESDAY
ONLY

10% OFF
ALL KIMBAP ITEMS

SUSHI
DAY



WEDNESDAY
ONLY

10% OFF
ALL SUSHI ITEMS

Double discounts are not allowed for this promotion.

이 프로모션은 중복할인이 불가합니다.

This applies only to downtown Calgary

이 내용은 캘거리 다운타운만 해당합니다.

CALGARY ONLY

MOCHA CAKE

모카 케이크(2호/3호) #2,#3



TOUS *les* JOURS



bb.q CHICKEN

FRI-MON

BEACON HILL ONLY

2 in 1 BOX



주문즉시
신선한 닭을
바삭하게
튀겨드려요~

4 DAYS ONLY JUNE 05 - 08

Flavour **1** + Flavour **1** = \$44 → \$38

Choose what you want

TUES-THURS

WING'S DAY



3 DAYS ONLY JUNE 09 - 11

치킨윙
Chicken Wings

~~\$14~~
\$10.99

Anua

**Niacinamide 10%
+ TXA 4% Serum 30ML**



**27⁹⁸
EA**

아누아)나이아신아마이드10% + TXA4% 세럼

Anua

**PDRN Hyaluronic Acid
Capsule 100 Serum 30ML**



**35⁹⁸
EA**

아누아)PDRN 히알루론산 캡슐100 세럼

Anua

**Azelaic Acid 10 Hyaluron
Soothing Serum 30ML**



**29⁹⁸
EA**

아누아)아젤라익 애씨드 10 히알루론 수딩세럼

numbuz:n

**No.9 NAD
Bio Lifting
Essence**

주름
개선

탄력
케어



24.98^{EA}

Retinol Volume Eyecream 20ML

레티놀 볼륨톡스 아이크림

28.98^{EA}

Bio Lifting Essence 50ML

바이오 리프팅 원액 에센스

ILLIYOON

건조함 집중 케어
일리운 보습슬루션



- 보습
- 장벽개선
- 무향

24⁹⁸ EA

illyoon)Ceramide ATO Concentrate Cream 230ML

일리운)세라마이드 아토 집중 크림



- 보습
- 민감피부 적합
- 순한성분

21⁹⁸ EA

illyoon)Ceramide Ato Lotion 350ML

일리운)세라마이드 아토 로션

COS.W

MY REAL SKIN
FACIAL MASKS

ALL NATURAL INGREDIENTS



10 FOR 7.98

COS.W)마이 리얼 스킨 페이스셜 마스크

COSRX

DAILY FACIAL CLEANSERS FOR YOU



9.98 EA

Low pH Good Morning Gel
Facial Cleanser 150ML

약산성 굿모닝 젤 클렌저



9.98 EA

Salicylic Acid Daily Gentle
Facial Cleanser 150ML

살리실산 데일리 젠틀 클렌저



CUCKOO

Master Chef

Twin Pressure Rice Cooker

**SILENCE
OBJET**

689.99



IH Twin Pressure Master Chef Silence Objet
CRP-OHTR0609F (6CUPS)

쿠쿠)트윈프레셔 마스터셰프 사일런스 오브제



**SILENCE
OBJET PRO**

689.99

IH Twin Pressure Master Chef Silence Objet Pro
CRP-PHTR0609F (6CUPS)

쿠쿠)트윈프레셔 마스터셰프 사일런스 오브제 프로



69.98 EA

Misomaru)Electric Fan 미소마루)선풍기

GOOD&GOOD

핸드형 직밀폐용기

**Microwave, freezer,
and refrigerator SAFE!**



8L \$9.98

12L \$11.98

Good & Good)Plastic Food Container
굿앤굿)핸드형 직밀폐용기(8L/12L)



BBQ Special Items

BBQ 스페셜 아이템!



19.98 EA

KitchenFlower)Pork Belly Grill Pan

키친플라워)삼겹살 구이판



9.98 EA

Portable Gas Torch

영스타 가스 토치



#8 **6.98 EA**

#10 **9.98 EA**

#12 **15.98 EA**

Plastic Drainers(#8/#10/#12)

소쿠리(8호/10호/12호)



GARDENING TOOLS

Hand Plow & Sickle

6.98 EA

호미/낫

KITCHEN MUST HAVES!



6⁹⁸ EA CRD)Seasoned Soybean Curd 480G
초립동)레몬주부 초밥여왕



KIMBAP SPECIAL



2⁹⁸ EA

DS)Roasted Sushi Nori (Uncut) 20G

대상)고소하게 구워낸 김밥용김



11⁹⁸ EA

CRD)Black Rice 4LB
초립동)흑미



7⁹⁸ EA

SJD)Crab Meat 1KG
대림)게맛살



SAUCE COLLECTION



4⁹⁸ EA CRD)Roasted Sesame 226G (Original/Black)
초립동)볶음참깨/볶음검정깨

8⁹⁸ EA HS)Perilla Seed Oil 320ML
한상)들기름



12⁹⁸ EA

DS)Soybean Paste with Clam and Anchovy 900G
대상)조개멸치된장



13⁹⁸ EA

CJ)Soybean Paste 3KG
CJ)해찬들 재래식된장



2⁹⁸ EA NS)Sang Sang Tteokbokki 260G
 농심)생생떡볶이



3⁹⁸ EA YP)Yoppoki Tteokbokki 240G
 (Jjajang/Hot&Spicy)
 영풍)요보끼(짜장/화끈하고 매운맛)



2⁴⁸ EA KR)BBQ Sauce 455ML
 (Original/Hickory/Chicken N Rib)



2⁹⁸ EA

CRD)Vermicelli
 Potato Starch Noodle 340G
 초립동)당면(특)



7⁹⁸ EA

TK)Chicken
 Frying Mix 1KG
 태경)치킨튀김가루



6⁹⁸ EA

CRD)Jelly Fish 454G
 초립동)해파리



248
EA

**Chef Boyardee)Pasta 418-425G
(Spaghetti with Meatballs/Beefaroni
Mini Ravioli/Beef Ravioli)**



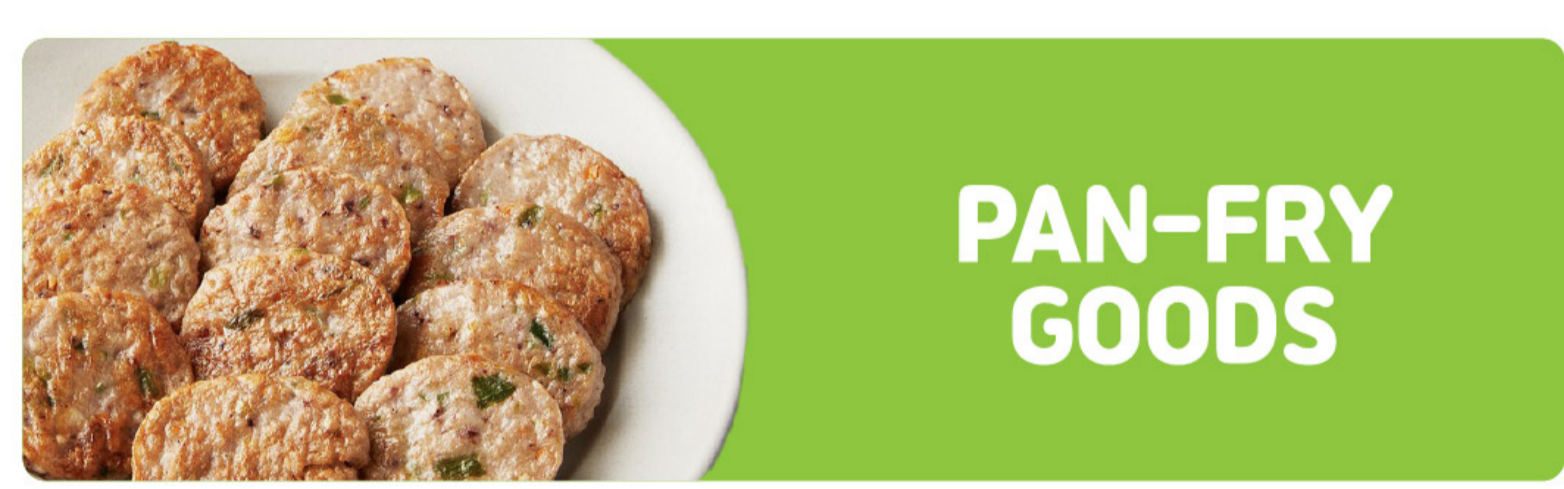
**NOODLE
SPECIAL**



498 PK **BRM)Bulramen 135-137.8Gx5
(Original/Carbonara)
불라면)오리지널/까르보나라**



198 EA **NS)Sang Sang Yaki Udon 245-251G
(Teriyaki/Hot&Spicy)
농심)생생야키우동(데리야끼/매운맛)**



**PAN-FRY
GOODS**



898 PK **SJD)Seafood Pancake 300Gx2
(Vegetable/Vermicelli)
대림)해물완자(기획)(야채듬뿍/잡채)**



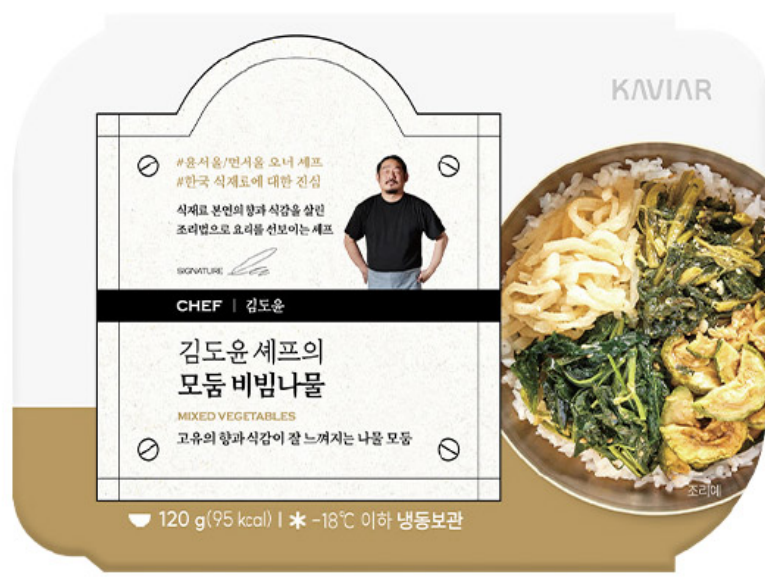
598 EA **OTA)Dumplings 567G
(Chicken/Corn Pork/Chives/Pork)**

Perfect Side Dishes!

KAVIAR ITEM COLLECTION



KAVIAR ITEMS FOR 7.98EA



Assorted Seasoned Vegetables 120G
캐비아)김도운 셰프 모듬 비빔나물



Stir-Fried Glass Noodles with Vegetables(Japchae) 230G
캐비아)삼원가든 아삭잡채

NEW



7.98 EA SMF)Rice Cakes 400G
(Sweet Pumpkin&Black Sesame Sweet Potato&Red Bean/Mulberry Leaf)



9.98 EA

SMF)Sweet Potato Bread 40Gx10
달콤한 고구마빵

SNACK TIME



**5⁹⁸
EA**

Buono) Mochi Ice Cream 156-208G
(Tropical Paradise/Asian Collection
Green Tea/Mango/Assorted)

SNACK SPECIALS



**4²⁸
EA**

LT) Pepero 128-180G
(Original/White Cookie/Crunchy/Almond)
롯데) 배빼로(오리지널/화이트 쿠키/크런치/아몬드)



**3⁹⁸
EA**

WJ) Green Plum/Yogurt (Green Apple)
Rice Drink (Original/Black Rice)
웅진) 초록매실/요거핏핏(사과)/아침햇살(오리지널/흑미)



**5⁹⁸
EA**

HFH) Spicy Peanuts 410G
HFH) 매운맛 땅콩



**9⁹⁸
EA**

HF) Scorched Rice 1KG
한도식품) 맛나누룽지

398 EA Snack Deals



HT)French Pie(Petit Chocolate) 179G
 CRW)Longs Cake 220G

해태)후렌치파이(쁘띠쇼코렛) / 크라운)롱스



GM)Grain Crispy Roll 150G
 (Original/Strawberry/Purple Yam)

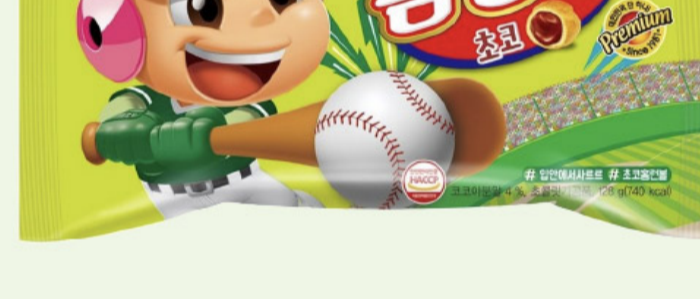
개미식품)곡물 크리스피롤(오리지널/딸기/자색고구마)



ORO)O! Karto Potato Cracker 115G
 (BBQ/Chili/ Tomato/Original/Jalapeno)

오리온)오감자(바베크/칠리/토마토/오리지널/할라피뇨)

498 EA Snack Deals



HT)Home Run Ball Puff(Chocolate) 128G

해태)홈런볼(초코)



BEFCO)Rice Cracker 66-71G
 (Setoshio Umashioaji/Hoshitabeyo Salt)

BEFCO)소금맛 쌀과자(감칠맛/소금맛)



CRW)Choco Heim/White Heim 284G

크라운)쇼코하임/화이트하임

598 EA Snack Deals



HT)Oh! Yes 360G

해태)오예스



BEFCO)Bakauke Rice Cracker 149-156G
 (Sesame/Aonori)

BEFCO)바카우케 쌀과자(참깨맛/김간장맛)



JLJL)Milk Pastry 320G/Cheese Cake 250G

젤리젤리)밀크 페스츄리/치즈케이크