

# LUCKY DRAW EVENT!

**Guess the World Cup Champion & Win!**

Predict the winner of the 2026 World Cup  
and win special rewards!



**RECEIVE ONE ENTRY FOR EVERY \$100 SPENT**

**EVENT PERIOD: 6/12 ~ 7/10 · DRAW DATE: 7/23 , 7PM**

Calgary tickets: Total 23 winners,  
(16 winners who correctly predict the champion + 7 lucky draw winners)

**\*Prize winners must claim prizes by July 31.**

CANADA DAY SPECIAL

Happy  
CANADA  
Day

FREE  
TATTOO STICKER  
& BALLOON ART

캐나다 데이 기념 타투 체험 및 풍선 증정 이벤트

June 27, Saturday  
July 1, Wednesday

11AM-4PM





@hmart.calgary

You can find weekly products and discount coupons on the H-MART Instagram.

매주 다양한 제품과 할인쿠폰을 H-MART 인스타그램에서 만나세요!

This sale is available at all H-Mart locations in Calgary. 이 세일은 H-MART 캘거리 전 지점에서 진행됩니다.

# Happy Canada Day



**NEW CROP 22.98 BOX**

**ARRIVAL ON SATURDAY**

BC Blueberry 5LB BC산 블루베리



**2 FOR 7.77**

Bobalu Strawberry 1LB 보바루)딸기



**BIG SIZE 3.27 LB**

Washington Cherry 워싱턴 체리



**HOT DEAL 3.27 LB**

White Peach/Nectarine

백도/백천도



**4 DAYS ONLY**  
JUNE 26-29

**BIG SIZE**

**3 FOR 9.98**

**LIVE** Live Oyster 석화



**4 DAYS ONLY**  
JUNE 26-29

**LIMITED QUANTITY 9.98 LB**

**LIVE** Dungeness Crab(Single Claw)

던지너스 게(싱글)

Celebrate Canada Day!

# Ultimate Long Weekend Sale



**6.98 PK**

88Panda)Smoked Duck 400G 2Kinds  
88판다)훈제오리2종



**HOT DEAL 19.98 BAG**

SSG)Brown Rice/Glutinous Rice 15LB  
삼수갑산)현미/찹쌀



**HOT DEAL 8.98 PK**

HS)Ginseng Chicken Soup  
(Half-Size) 600G 한상)참쌀반계탕



**LIMIT2 9.98 EA**

CJ)Bibigo Pork Dumpling 907G  
CJ)비비고 돼지고기 백설왕만두



**LIMIT2 16.98 EA**

YID)Kimchi(Radish/Cabbage)2KG  
이도)총각김치/배추김치(한국산)



**HOT DEAL 6.98 PK**

SY)Spicy Buldak Ramyun 130-140Gx5 5Kinds  
삼양)불닭볶음면5종

# HOKKAIDO PREMIUM SEA UNI

BY AIR

MADE IN  
JAPAN

100G

250G

Fresh Hokkaido Sea Urchin Roe  
Available at H-Mart!

LIMITED  
QUANTITY

CANADAY DAY SPECIAL

# COOL & SWEET TREATS



# 5<sup>98</sup> PK

LT) Watermelon Bar 75MLx6/Screw Bar 90MLx6

롯데) 수박바/스크류바 아이스크림

Products May Be Sold Out Early 상품들은 조기품절될 수 있습니다

# Special SALE



**998**  
BOX

NS)Snack Box 510G  
농심)스낵박스



ADD TASTE.  
EVERY DAY.



**598**  
PK

CRD)Seaweed Flakes  
40GX2 3Kinds  
초립동)보령대천자반김3종



**1498**  
EA

PB)Seasoned  
Pollock Roe 396G  
플라버드)명란젓



SAUCE  
SPECIALS



**1098**  
EA

3Crabs  
Fish Sauce 682ML  
삼계 멸치액젓 소스



**368**  
EA

LKK)Panda  
Oyster Sauce 510G  
이금기)판다굴소스



**748**  
EA

HIKARI)Maru  
Yu Yuki Miso 750G  
히카리)마루유 유키 미소



**1098**  
EA

DS)Clam&Anchovy  
Soybean Paste 900G  
대상)조개멸치된장



# SNACK SPECIALS



**2<sup>98</sup>**  
EA

**4<sup>98</sup>**  
BOX

LT) Milkis 1.5L  
롯데)밀키스

ORO) Chocopie 39Gx12  
오리온)초코파이



**15<sup>98</sup>**  
BOX

Sugarlolo) Konjac Jelly 150Gx10 3Kinds  
(Green Grape/Peach/Gold Kiwi&Pineapple)  
슈가로로)곤약젤리(청포도/복숭아/골드키위&파인애플)



## MUST-HAVE ITEMS



**9<sup>98</sup>**  
BAG

**3<sup>48</sup>**  
PK

Milagrosa Thai Long Grain White Rice 8KG  
밀라그로사)타이 긴 흰쌀

JB) Sundelic Sanuki Mini Udon 1KG  
JB) 사누끼 우동



**2 FOR**

**6<sup>98</sup>**

HS) Rice Cakes (Sliced/Stick) 1KG  
한상)떡국떡/떡볶이떡

**2.47<sup>LB</sup>**

Korean Cucumber  
한국오이



**1.27<sup>LB</sup>**

BC Shanghai Bok Choy  
상하이복초이



**2 FOR 4.00**

Green/Red Leaf Lettuce  
청상추/적상추



**3.47<sup>LB</sup>**

Japanese Pepper  
짜리고추



**4 FOR 1.87**

Green Onion  
파



**1.97<sup>LB</sup>**

Chinese Purple Yam  
자색고구마



**2 FOR 4.97**

King Oyster Mushroom 300G  
새송이버섯



**2.77<sup>LB</sup>**

Lychee  
리치



**4.97<sup>PK</sup>**

Donut Peach 1.5LB  
도넛피치



**10.97<sup>PK</sup>**

Zespri Gold Kiwi 2LB  
골드키위



**0.97<sup>LB</sup>**

Green Cabbage  
양배추



**0.77<sup>LB</sup>**

Lobok  
무우





**16.98PK**

**4 DAYS ONLY** JUNE 19 - 22

Norwegian Mackerel(3PCS)  
노르웨이산 고등어



**10.98PK**

PB)Ecuador White Shrimp 1LB  
(Raw P&D, Tail On, 31/40)  
플라버드)에콰도르 간새우살

**22.98PK**

Co-Cooked Scallop  
자숙 냉동 가리비



**13.98PK**

CRD)Octopus for Stir-Fry 680G  
초립동)낙지볶음



**2 FOR 7.48**

DFK)Seasoned Seaweed Salad 1LB  
다이후쿠)해초샐러드



**7.98LB**

Greenland Halibut Tail VP



**3.48PK**

PB)Round Scad (Galunggong) 500G  
플라버드)전갱이



**11.98PK**

Assorted Fish Cake 1KG  
종합어묵



**11.98PK**

CRD)Seasoned Wild Filefish 300G  
초립동)조미취포



**16.98PK**

CRD)Seasoned Squid Shredded (Yellow) 227G  
초립동)오징어채(맛진미)

**17.60LB**

**4DAYS ONLY** JUNE 26 - 29

LA Beef Short Rib  
LA갈비



**8.89LB**

**4DAYS ONLY** JUNE 26 - 29

Pork Capicola Roast  
BBQ 생목살



**22.50LB**

Smoked Duck  
주원훈제오리



**15.38LB**

**4DAYS ONLY** JUNE 26 - 29

Beef Top Blade  
부채살 로스구이



**14.42LB**

Beef Top Blade Shabu  
부채살샤브



**13.56LB**

**4DAYS ONLY** JUNE 26 - 29

Beef Chuck Eye Shabu  
등심샤브



**11.97LB**

**4DAYS ONLY** JUNE 26 - 29  
Sliced Beef Chuck Roll  
소불고기



**FROZEN**

**7.53LB**

Black Chicken  
오골계



**15.38LB**

Beef Ox-Tail  
소꼬리



**9.07LB**

Beef Banana Shank  
아롱사태

**55.98PK**

**4DAYS ONLY** JUNE 26 - 29

Sushi Roll Tray  
스시 롤 트레이



**17.98PK**

**4DAYS ONLY** JUNE 26 - 29

Picnic Combo  
피크닉 콤보



**27.98PK**

**4DAYS ONLY** JUNE 26 - 29

Shabu Shabu  
샤브샤브



**27.98PK**

**4DAYS ONLY** JUNE 26 - 29

Jokbal, Bossam, Squid Set  
족발, 보쌈, 오징어 세트



간편하고 완벽한 한끼

# Deli Special

**4DAYS ONLY** JUNE 26 - 29

**898**  
PK

Dakgalbi Rice Bowl  
닭갈비 덮밥



**898**  
PK

Jeyuk Rice Bowl  
제육덮밥



\*Images may be different from actual product

믿고 먹는 우리동네

H-MART  
떡집

비컨힐점에서 **매.일.아.침** 만듭니다

H-Mart Calgary Beacon Hill  
Rice Cake Shop

**떡 예약주문 시 20%OFF**  
20% OFF ON RICE CAKE PRE-ORDERS



**9.60**  
KG

REG. \$12

**4 DAYS ONLY** JUNE 26 - 29

Injeolmi Rice Cake **인절미**

**Morning Special**

**EVERY MORNING**

**9AM - 11AM**

아침부터 든든한 한끼!



**사골우거지국**

Beef bone broth  
with dried cabbage

**10.99**  
EA

고요한 아침의 진한 국물맛!



**설렁탕**

Beef Bone Soup

**8.99**  
EA

CALGARY ONLY

MIX & MATCH

BUY ONE GET ONE 50% OFF

달콤하고 촉촉한 식감의 케이크와 부드러운 크림의 만남!



Green Tea



Strawberry

TOUS les JOURS \*Limited stock may sell out early

bb.q CHICKEN

FRI-MON

BEACON HILL ONLY

2 in 1 BOX



주문즉시 신선한 닭을 바삭하게 튀겨드려요~

4 DAYS ONLY JUNE 26 - 29

Flavour 1 + 1 = \$44 -> \$38

Choose what you want

TUES-THURS

WING'S DAY



3 DAYS ONLY JUNE 30 - JULY 02

치킨윙 Chicken Wings

\$14.99 \$9.99

# Beauty of Joseon

Anti-Wrinkle & Brightening



**19.98 EA**

<sup>1)</sup>Rice Serum 30ML / <sup>2)</sup>Rice Toner 150ML  
 조선미녀) <sup>1)</sup>쌀겨수 맑은 세럼 / <sup>2)</sup>맑은쌀 채운 토너

APOLLO

# SOY MILK MAKER



**119.98 EA**

Apollo)Stainless Steel Soymilk Maker  
 아폴로)두유제조기(스테인리스형)

서랍 속에  
꼭!  
꼭!



M 25x35cm

L 30x45cm

**2.98 EA**

**3.98 EA**

CleanLab)Compact Clean Bag

크린랩)컴팩트 크린백

VT COSMETICS

# REEDLE SHOT

VT)리들샷(100/300) 50ML

100

**29<sup>98</sup>**  
EA

300

**37<sup>98</sup>**  
EA



SEOUL 1988

# EYE CREAM & SERUM



(Snail Mucin + 97% + Rice)

Fermented Bean Eye Cream

**19<sup>98</sup>**  
EA

1)K-Secret)Seoul 1988 Eye Cream 30ML  
Retinal Liposome 4% + Fermented Bean

케이시크릿)서울1988 레티날 리포솜 4% 발효콩 아이크림

2)K-Secret)(Snail Mucin + 97% + Rice)  
Essence 100ML

케이시크릿)서울1988 스네일 뮤신 + 쌀 에센스



MediFlower

# Hand Cream Set



**9.98 SET**

The Secret Garden Of Five Hand Cream 5PCS

메디플라워)더시크릿 핸드크림 5종세트



**10 FOR 6<sup>98</sup>**

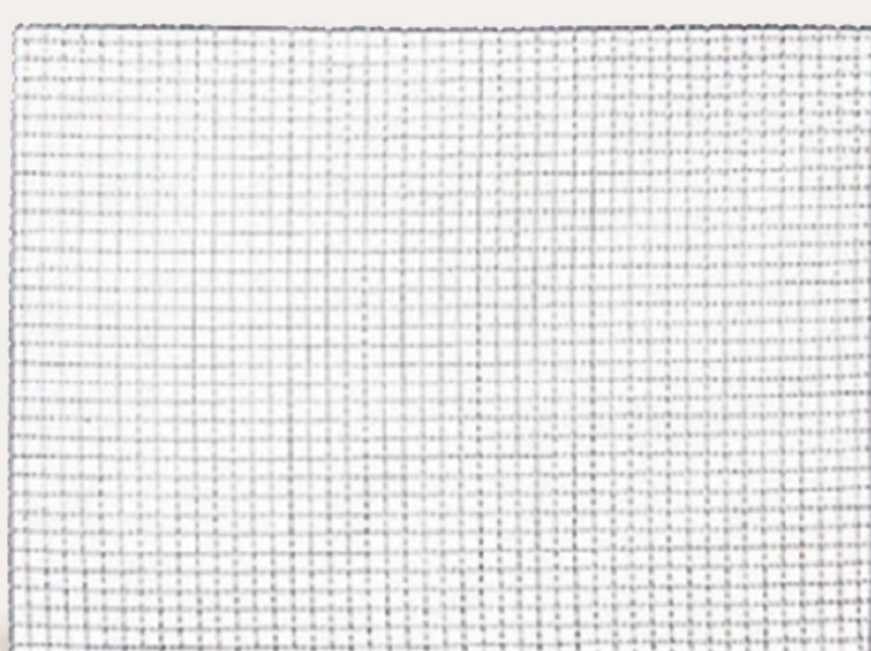
FarmStay)Visible Difference Sheet Mask

팜스테이)비저블디퍼런스마스크시트



# Kitchen Essential Tools

주방에 쓰이는 필수품 컬렉션!



43x34cm

41x56cm

**2.98** EA

**3.98** EA

GRS)Iron BBQ Grill 고려산)철망(태망)



**\*COLORS MAY VARY BY STORE.**

**29.98** SET

Kyocera)Premium Santoku Knife

교세라)프리미엄 칼세트

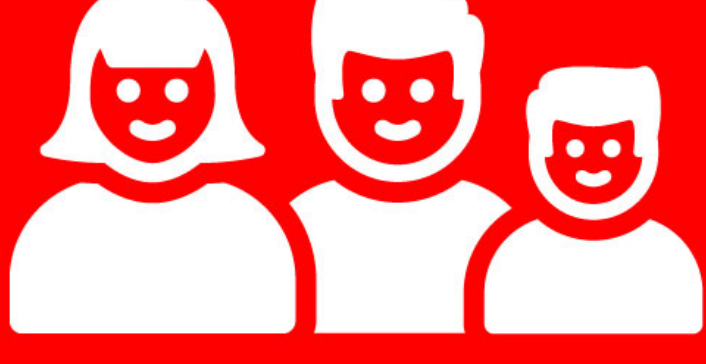


**12.98** EA

Stainless Steel Bowl For Cold Noodles

스테인리스 냉면기

Happy Canada Day!



# FAMILY FEAST!



**848 PK** HW)Corn Dog 360-400G (Cheese&Potato/Cheese)  
헤이와)콘도그(치즈&포테이토/치즈)



## TAKOYAKI NIGHT



**498 EA** Otafuku)Takoyaki Sauce 300G  
MRT)Skipjack Tuna Jikabi Honkatsuo 40G  
오타푸쿠)타코야끼 소스 · 마루토모)가쓰오부시



**1098 EA**  
SK)Takoyaki (45PCS) 1.35KG  
시라키쿠)타코야끼



## CUP NOODLES RICE CAKES



**2 FOR 398** NS)Big Bowl Noodles 114G 2Kinds  
OTK)Bowl Noodles 105-110G 4Kinds  
농심)신라면/튀김우동 · 오투기)열라면/진라면2종



**898 BOX** SY)Spicy Buldak Cup Noodles (Original/Carbo/Cheese) 70-80Gx6  
삼양)불닭볶음면(오리지널/까르보/치즈)



**298 EA** NMB)Cup Tteokbokki 135-140G (Original/Spicy&Cheese)  
NMB)추억의 국민학교 컵볶이2종

# SNACK COLLECTION



**2 FOR 2<sup>98</sup>**

MI)Yogurt Drink(Original, Big Size) 280ML  
Tomomasu)Ramune 200ML 3Kinds  
매일)요구르트(대용량) · 토모마스)라무네3종



**4<sup>98</sup> EA**

ORO)Corn Turtle Chips 160G  
(Steak Wasabi/Mexican Corn)  
오리온 꼬북칩(스테이크 와사비/멕시칸콘)



**3 FOR 9<sup>98</sup>**

SM)Frozen Cream Donut 100G  
(Original/Raspberry)  
서울우유)크림도넛(오리지널/라즈베리)

## QUICK SIDE DISHES FOR 3.98EA



FDC)Preserved Side Dishes 454G  
(Cucumber/Garlic Stem/Peeled Garlic/Korean Pepper)  
푸드셀)절임 반찬(오이/마늘쫀/깐마늘/고추)



SJD)Preserved(Perilla Leaves/Dried Radish) 150G  
사조대림)양념갯잎/무말랭이

## MUST-HAVE ITEMS



**2<sup>98</sup> EA**

HS)Round Cut Pickled Radish(Sour/Wasabi) 330G  
한상)쌈무(새콤한맛/와사비)



**2<sup>98</sup> EA**

SJW)Boiled Rape Flower 500G  
송죽원)냉동 유채꽃나물



**5<sup>98</sup> EA**

SJ)Pepper Powder 100G  
사조해표)순후추



**8<sup>48</sup> EA**

Hikari)Maru Mu Miso Kokusan 750G  
히카리)마루무 미소



# LET'S MAKE KIMBAP!



**2<sup>98</sup>**  
EA

**SJH)Roasted Seaweed 20G**  
사조해표)구운 김밥용 김



**6<sup>98</sup>**  
EA

**MJ)Sushi Nori for Onigiri(20Sheets) 24G**  
만전)삼각김밥김



**7<sup>98</sup>**  
EA

**SJD)Crab Meat 1KG**  
대림)게맛살



**7<sup>98</sup>**  
EA

**HS)Pickled Radish for Kimbap 1KG**  
한상)김밥단무지



**3<sup>98</sup>**  
EA

**SJD)Seasoned Burdock 100G**  
사조대림)우영조림



# ESSENTIALS FOR NOODLES



**3<sup>98</sup>**  
EA

**SK)Dried Noodles 800G-1KG**  
(Soba/Udon/Somen)  
시라키쿠)면(소바/우동/소면)



**4<sup>98</sup>**  
EA

**CG)Broth for Cold Noodle 300Gx5**  
칠갑)냉면육수



# SAUCE SPECIAL



## 2<sup>98</sup> EA

## 4<sup>98</sup> PK

LKK) Teriyaki  
Sauce 207ML

CRD) Red Pepper Paste 500G  
Seasoned Soybean Paste 170G

이금기) 데리야끼 소스

초립동) 명가 고추장 & 양념쌈장 (기획)



QUICK &  
EASY!

## OUR HOME'S SAUCE SPECIAL



## 2 FOR 3<sup>98</sup>

OUH) Soup Stock 120G  
(Spicy Soft Tofu/Soybean Paste Stew)  
아워홈) 바로 찜개양념 (순두부/전통된장)



## 2 FOR 3<sup>98</sup>

OUH) Sauce (Mapo Tofu/Tteokbokki) 120-150G  
아워홈) 바로 소스 (마파두부/매콤떡볶이)

# SNACK TIME



**15<sup>98</sup>**  
**BOX**

ORION) Marine Boy Cracker  
Jjajang (Snack Box) 46Gx15  
오리온) 스낵박스고래밥(짜장)

## SNACK SPECIALS



**10<sup>98</sup>**  
**BOX**

SL) Mini Chestnut  
Bun 23Gx50  
삼립) 정통밤맛만쥬



**2<sup>98</sup>**  
**EA**

OSN) Mong Snack 300G  
(Sweet Potato/Cube/Seashell/Seaweed)  
오스낵) 옛날과자(고구마/오린다/소라/김맛)



**2 FOR 3<sup>98</sup>**

**2 FOR 2<sup>98</sup>**

Kosa) Bubble Tea 490ML  
(Brown Sugar/Taro)

Himemaru Rice Cracker 98G  
히마루 쌀과자

**298**  
EA

**Snack Deals**



**CRD) Five Grain Cookie 315G**

**초립동) 오곡쿠키**



**Atsuyaki(9PCS) Rice Crackers (Shoyu/Goma) 157-161G**

**348**  
EA

**Snack Deals**



**HT) Grilled Potato Stick 108G**

**GYJ) Rice Pop (Kabocha/Sweet Potato) 100G**

**해태) 구운감자 · 근영제과) 빵튀기 (단호박/자색고구마)**



**KW) Stick Snacks 256G**

**(Milk/Seaweed/Sesame Seed/Vegetable)**

**키즈웰) 스틱 스틱 (우유/김/참깨/야채)**

**498**  
EA

**Snack Deals**



**CW) Chocochip Cookie (Coffee) 200G**

**청우) 쫄득쵸코칩쿠키 (커피맛)**



**CW) Sticky Rice Cookie (Original/Chocolate) 258G**

**청우) 찰떡쿠키 (오리지널/초코파이)**